

PRESTON D. CHERRY

WEALTH

IN THE KEY OF LIFE



Finding Your Financial Harmony

WILEY

Life Money Balance®

Integrated Life Stage Well-Being



Simply put, LMB *is* financial harmony through wealth-secured well-being, rooted in an evidence-based and philosophical theory approach, coupled with decades of life and financial planning experience. This approach lets your life lead your money, where your life and money work concurrently to achieve your life design. Everyone has a unique story, and stories inform their numbers. When your life and money are aligned, your money has assignments.

LIVING WEALTH IN THE KEY OF LIFE

Finding your financial harmony using the LMB philosophy is built on key theoretical elements. A central theme is that you are motivated to change, believing your preferences, identity, stories, and finances are unique, and you are worthy of abundance.

The LMB Wheel is a continuum of your self-economy that embraces domains of self-actualization and self-care. When you commit to unpacking your emotional intelligence areas and uncovering what you value most, you can assign your dollars to purchase additional units of what

Introduction

you value, increasing your well-being. The scientific word for well-being is *utility*. The LMB “keys of life” are the life you want – your utility, your well-being.

You get to choose what brings you increased well-being across time, making decisions with your finances to assign money now and in the future. There are three utility domains where you can find life and money alignment and give your money assignments. What life stage you are in uniquely affects your preferences and purpose. We'll talk more about this in Chapters 4, 5, and 8, but here's the gist.